

TRAVEL PACKING LIST



Carry On

- ☐ Passport, ID and visa's
- ☐ Credit card, money, traveller cheques or travel money card
- ☐ Itinerary and travel bookings
- ☐ Any necessary medications
- ☐ Glasses and sunglasses
- ☐ Mobile phone
- ☐ Change of clothes
- ☐ Hand sanitiser gel / wipes
- ☐ Compression socks
- ☐ Travel pillow / blanket / eye mask
- ☐ Notepad and pen
- ☐ Books / eBooks
- ☐ Headphones / earbuds / music
- ☐ Valuables, such as jewellery
- ☐ Empty water bottle, fill up after customs
- ☐ Snacks

Tip - Remember to load your travel destination guides, reading and game apps prior to departure!



Clothing

- ☐ Underwear
- ☐ Socks
- ☐ Hat
- ☐ Scarves
- ☐ Sleepwear
- ☐ Thermals
- ☐ T-shirts / tops
- ☐ Long sleeve tops / shirts
- ☐ Jumpers
- ☐ Coat / spray jacket
- ☐ Pants / jeans
- ☐ Shorts / skirts / dresses
- ☐ Belt / jewellery / accessories
- ☐ Swimwear and sarong
- ☐ walking / hiking shoes
- ☐ Casual shoes
- ☐ Nice shoes
- ☐ Thongs
- ☐ Travel towel
- ☐ Laundry bag

Tip - Divide your money and store it in a few different places. If it gets lost or stolen, you'll still have some to get you out of trouble.



Toiletries

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Hair brush / comb
- ☐ Shampoo and conditioner
- ☐ Soap / shower gel
- ☐ Deodorant
- ☐ Moisturiser
- ☐ Sunscreen
- ☐ After sun lotion
- ☐ Makeup
- ☐ Tissues / wipes
- ☐ Shower cap
- ☐ Insect repellent
- ☐ Nail file / clippers



Extras

- ☐ Photocopies of passport, ID, and visa's
- ☐ Vaccination records / proof
- ☐ Travel Insurance documentation
- ☐ Emergency contacts
- ☐ Medications with the original prescription and doctors letter

- ☐ Destination information / maps
- ☐ Travellers first aid kit
- ☐ Luggage locks or cable ties
- ☐ Camera and memory card(s)
- ☐ Tablet / laptop / kindle

- ☐ Power adapter(s)
- ☐ Electronic chargers
- ☐ USB power bank
- ☐ Binoculars

Tip - Pack clothing to allow for layering, this will allow for different climates and packing light.

COTA Insurance 1300 1300 50

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