

TRAVEL PACKING LIST

	Carry On
	-
0	Passport, ID and visa's
0	Credit card, money, traveller cheques or travel money card
0	Itinerary and travel bookings
0	Any necessary medications
0	Glasses and sunglasses
0	Mobile phone
0	Change of clothes
0	Hand sanitiser gel / wipes
0	Compression socks
0	Travel pillow / blanket / eye mask
0	Notepad and pen
0	Books / eBooks
0	Headphones / earbuds / music
0	Valuables, such as jewellery
O	Empty water bottle, fill up after customs
0	Snacks
Tip - Remember to load your travel destination guides, reading and game apps prior to departure!	

	Clothing
0	Underwear
0	Socks
0	Hat
0	Scarves
0	Sleepwear
0	Thermals
0	T-shirts / tops
0	Long sleeve tops / shirts
0	Jumpers
0	Coat / spray jacket
0	Pants / jeans
0	Shorts / skirts / dresses
0	Belt / jewellery / accessories
0	Swimwear and sarong
0	walking / hiking shoes
0	Casual shoes
0	Nice shoes
0	Thongs
0	Travel towel
0	Laundry bag

Tip - Divide your money and store it in a few different places. If it gets lost or stolen, you'll still have some to get you out of trouble.

Toiletries
Toothbrush
Toothpaste
Hair brush / comb
Shampoo and condition
Soap / shower gel
Deodorant
Moisturiser
Sunscreen
After sun lotion
Makeup
Tissues / wipes
Shower cap
Insect repellant

Extras

- Photocopies of passport, ID, and visa's
- Vaccination records / proof
- Travel Insurance documentation
- Emergency contacts
- Medications with the original prescription and doctors letter

- Destination information / maps
- Travellers first aid kit
- Luggage locks or cable ties
- Camera and memory card(s)
- Tablet / laptop / kindle
- O Power adapter(s)
- Electronic chargers

Nail file / clippers

- USB power bank
- Binoculars

Tip - Pack clothing to allow for layering, this will allow for different climates and packing light.

COTA Insurance 1300 1300 50

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